



WE ARE HERE

*We are here to listen ...
Not to work miracles.*

*We are here to help a woman discover what she is feeling ...
Not to make her feelings go away.*

*We are here to help a woman identify her options ...
Not to decide for her what she should do.*

*We are here to discuss steps with a woman ...
Not to take steps for her.*

*We are here to help a woman discover her own strength ...
Not to rescue her and leave her still vulnerable.*

*We are here to help a woman discover she can help herself ...
Not to take responsibility for her.*

*We are here to help a woman learn to choose ...
Not to keep her from making difficult choices.*

We are here to provide support for change.

– Anonymous

Distributed by:



NATIONAL CENTER
on Domestic and Sexual Violence
training • consulting • advocacy

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